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Books in Brief September 2008

The Majesty of Your Loving: A Couple's Journey through Alzheimer's

By Olivia Ames Hoblitzelle

Green Mountain Books, 2008; 314 pp., \$16.95 (paper)

For six years, Olivia Ames Hoblitzelle was caretaker for her husband, Hob, as his symptoms of Alzheimer's disease progressed. But the two, both practitioners of mindfulness meditation, were determined to grow with the illness and to bring awareness and compassion to bear on their difficult circumstances. *The Majesty of Your Loving* describes a sometimes frustrating and often painful journey that culminates with Hob's death. It is also a touching yet un sentimental testament to a couple's commitment to one another, and to finding the most graceful, loving, and amusing ways to "let go." By offering insights and suggestions based on her experience, Hoblitzelle, a psychologist, gives guidance and therefore hope to those who will have to tread a similar road.

[Click here to find out more about this book from the publisher.](#)

Tibetan Buddhism & Modern Physics: Toward a Union of Love and Knowledge

By Vic Mansfield

Templeton Foundation Press, 2008; 180 pp., \$19.95 (paper)

Largely because of the Dalai Lama's interest in Western science, Buddhists and scientists have been carrying on an active dialogue for several decades, at conferences of the Mind and Life Institute and elsewhere. What is it about Buddhism that attracts these scientists to explore Buddhism? Vic Mansfield, a physicist with a longtime interest in Buddhism, was excited by the parallels he saw between key concepts in Tibetan Buddhism and quantum mechanics. The popular college professor also cared passionately about sharing those correlations with others. *Tibetan Buddhism & Modern Physics* doesn't assume knowledge of either system, but takes the reader step by step from basic concepts to more complicated ones, such as the relationship of emptiness/interconnectedness to quantum nonlocality. Mansfield died this spring, not long after an emotional ceremony at Colgate University where he gave the Dalai Lama a newly minted copy of this, his last book.

[Click here to find out more about this book from the publisher.](#)

The Essence of Zen: The Teachings of Sekkei Harada

Translated and edited by Daigaku Rumme

Wisdom Publications, 2008; 164 pp., \$15.95 (paper)